

Chef's demo schedule 2011

<u>Friday 2nd December</u>	<u>Saturday 3rd December</u>	<u>Sunday 4th December</u>
<p align="center">Hugo Woolley</p> <p align="center"><i>Woodlands Country House Hotel</i></p> <p align="center">10.30am</p>	<p align="center">Mitch Tonks</p> <p align="center"><i>The Seahorse</i></p> <p align="center">10.30am</p>	<p align="center">Andy Appleton</p> <p align="center"><i>Fifteen</i></p> <p align="center">11.00am</p>
<p align="center">Neil Haydock</p> <p align="center"><i>The Hotel & Beach Hut, Watergate Bay.</i></p> <p align="center">11.45 am</p>	<p align="center">Food Forum</p> <p align="center"><i>Local food is often expensive, should we be opting for value for money or buying from small producers in these tough times?</i></p> <p align="center">11.45am</p>	<p align="center">Stuart Pate</p> <p align="center"><i>The Seafood Restaurant</i></p> <p align="center">12.15pm</p>
<p align="center">Paul and Adrian</p> <p align="center"><i>The Old Ship Hotel & Margot's Bistro</i></p> <p align="center">1.00pm</p>	<p align="center">Adam Clark</p> <p align="center"><i>Bedruthan Steps</i></p> <p align="center">12.45pm</p>	<p align="center">Food Forum</p> <p align="center">Food critics: what do they know?</p> <p align="center">1.30pm</p>
<p align="center">Ed Hughes-Sharp's Brewery</p> <p align="center">'Christmas Ideas with Beer'</p> <p align="center">2.15pm</p>	<p align="center">Tanner brothers</p> <p align="center"><i>Tanners</i></p> <p align="center">2.00pm</p>	<p align="center">James Nathan</p> <p align="center"><i>The Seafood Restaurant</i></p> <p align="center">2.30pm</p>
<p align="center">Paul Ainsworth</p> <p align="center"><i>No 6</i></p> <p align="center">3.15pm</p>	<p align="center">Teri Walter</p> <p align="center"><i>'Tart up your table'</i></p> <p align="center">3.15pm</p>	<p align="center">Nathan Outlaw</p> <p align="center"><i>Restaurant Nathan Outlaw</i></p> <p align="center">3.45pm</p>
<p align="center">Food Forum</p> <p align="center">Fishing & sustainability: is it the end of the line?</p> <p align="center">4.30pm</p>	<p align="center">Mark Puckey</p> <p align="center"><i>Padstow Seafood School</i></p> <p align="center">4.15pm</p>	
<p align="center">Mark Sargeant & Jack Stein</p> <p align="center"><i>Rocksalt & The Seafood Restaurant</i></p> <p align="center">5.30pm</p>	<p align="center">Phil Vickery</p> <p align="center"><i>ITV's This Morning</i></p> <p align="center">5.30pm</p>	
<p align="center">Mark Hix</p> <p align="center"><i>HIX</i></p> <p align="center">6.45pm</p>		

Other foodie happenings:

Rick Stein will be doing a book signing at Stein's Deli, South Quay, 11am-12pm, on Friday 2nd December.